



### Ideas for Book Clubs:

The Golden Bean: Origins of Cocoa in Ecuador is a great book to read in a book club.

It is a well-written and engaging book that will teach you a lot about the history of cocoa and chocolate, raising important issues about the environmental and social impact of cocoa production.

Here are some ideas for how to read this book for a book club:

- Read the book together and discuss the following questions:
  - What did you learn about the history of cocoa and its domestication by humans
  - What is the role that cacao has played in Ecuadorian society and its economic history?
  - What challenges and opportunities do cacao producing countries such as Ecuador face in regard to the chocolate industry?
  
- Invite the author, Lourdes Paez as a guest speaker to your book club to discuss these topics, and share information about the research and writing processes. Ms. Paez can participate online, she is fluent in English and enjoys talking and discussing topics related to cacao and chocolate in Ecuador, South America, and worldwide.
  
- To contact the author Lourdes Paez write to [academiachocolateecuador@gmail.com](mailto:academiachocolateecuador@gmail.com)
  
- Watch a documentary about cocoa and chocolate production. There are many documentaries available that can provide you with more information about this topic.



Here are a couple of videos recommended to watch:

- \* [The ancient civilisation that discovered chocolate – BBC REEL](#)
- \* [Cacao ecuatoriano vs. chocolate alemán](#)

Lourdes Paez says: I hope you enjoy The Golden Bean: Origins of Cocoa in Ecuador, and I hope that will teach you a lot about the history of cocoa and chocolate in my homeland Ecuador.

Please share a review in the Amazon page of the book, this is very helpful to reach a larger audience of readers.

